

## Fun Activities

Are you bored and trying to think of something fun to do? It can sometimes feel like you're bored when you are tired of playing the same games and activities. So, let's change it up!

A lucky-pick fun activities jar is a great way to explore new activities with family or friends when you're all out of ideas. By filling the jar with lots of fun activities, you'll never know what fun you may end up having.

Some activities can require no equipment, while others may need some planning. A good idea is to write all the activities that you may need to plan on different coloured paper to the ones that require no equipment. This will ensure you know which ones to choose based on how much time you have. All you need is an old jam jar or any container, paper and some pens.

You can choose some activities from these lists and also add in other activities you enjoy. Why not ask family and friends to add their own ideas, too?

### Minimal/ no equipment:

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- › Have a scavenger hunt
- › Play hide and seek
- › Have a dance competition
- › Make up your own dance routine
- › Write a song
- › Make popcorn
- › Have fun races (e.g., hula hoop, egg and spoon or three legged race)
- › Make up a secret handshake
- › Play hopscotch outside with chalk
- › Draw outside with chalk
- › Close your eyes and try to draw your house or any picture without looking at the page
- › Go to the beach and collect shells
- › Go on a photo walk and take pictures of cool things you see
- › Watch the sunset
- › Build a fort out of blankets and pillows
- › Play a board game
- › Go outside and count the stars (nighttime) or go outside and see what shapes you can see in the clouds (daytime)
- › Go bird watching
- › Play cards
- › Go crab hunting or crab fishing



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### Planning needed

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- › Bake a cake
- › Tie-dye old white clothes
- › Make hot chocolate
- › Go to an art gallery
- › Go to see some ducks in a park
- › Have a picnic
- › Paint some happy faces on stones and hide them around your local area to make people smile when they see them
- › Make your own comic story
- › Have a treasure hunt



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for more fun tips  
and activities!